

**Statewide AmeriCorps Member  
23 - 24 Training Catalogue**

TRAINING NAME	TRAINING DESCRIPTION	TRAINING LENGTH	LMS REQUIREMENTS	NOTES
<b>BASIC FACILITATION SKILLS</b>	In this training, participants will learn about group dynamics and begin developing skills for facilitating a group. Upon completion of this training, participants should be able to describe the Stages of Group Development, identify factors that influence the success of a group, use basic skills for group leaders, and apply techniques for increasing and managing participation.	3 hours	<b>Pre-Test</b> <b>Post-Test</b>	RECOMMENDATION: COMPLETION OF THIS TRAINING BEFORE ATTENDING MPAP.
<b>BOUNDARIES &amp; ETHICS</b>	Following this training, participants will be able to define and explain confidentiality to those they serve and learn the importance of maintaining the privacy of the families' receiving family-centered and strength-based services. Participants will understand the limitations of confidentiality, such as the need to make mandatory reports. Professional boundaries and confidentiality are critical to members who often encounter sensitive issues while working closely with children and families. Participants who are still working remotely will learn some tips on how to maintain professional boundaries and confidentiality. Trauma Exposure Response and self-care will be discussed as many service providers are exposed to these factors while working.	3 hours	<b>Pre-Test</b> <b>Post-Test</b>	
<b>CHILD DEVELOPMENT</b>	In this training, participants will learn about the developmental stages of children from pregnancy to 17 years old. Upon completion of this training, participants will be able to identify specific developmental milestones, connect positive parenting techniques with each stage of development, identify cultural considerations in child rearing practices, and apply the information when developing services for families. In addition, participants will develop basic skills for advocating for children and understand that advocacy may change based off the stage the child is in.	6 Hours		

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<p align="center"><b>COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN (CSEC)</b></p>	<p><b>This training comes with a content warning due to subjects related to sexual abuse of children.</b></p> <p>After completing this training, participants will be able to define and understand the laws pertaining Child Sexual Abuse and Commercial Sexual Exploitation of Children (SA/CSEC). Participants will be able to identify and differentiate between “red flags” for abuse and typical child behaviors based on their developmental age. Participants will be introduced to child friendly language and communication strategies for discussing SA/CSEC with children and youth. This training includes information about the mandated reporting process and identifies community resources and ways to access them.</p>	<p align="center">3 hours</p>		<p align="center">It is highly recommended that participants complete Mandated Child Abuse Reporter Training (MCART) prior to attending this training.</p>
<p align="center"><b>CONFLICT RESOLUTION</b></p>	<p><b>This training comes with a content warning due to subjects related conflict, racism and oppression.</b></p> <p>This training provides participants many opportunities to assess their conflict resolution skills, explore communication techniques, explore conflict management, and practice effective intervention techniques through engaging activities. The purpose of this training is to better understand factors which influence how people approach conflict and explore their response to conflict. The training is presented in a fun, interactive setting, and offers practical applications to enable participants to better handle conflict in both their professional and personal lives.</p>	<p align="center">3 Hours</p>	<p align="center"><b>Pre-Test</b>  <b>Post-Test</b></p>	

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<p align="center"><b>CULTURAL HUMILITY IN THE WORKPLACE</b></p>	<p><b>This training comes with a content warning due to subjects related to racism, inequality, and power imbalance.</b></p> <p>This workshop will look at the cultural humility model first proposed by Dr. Melanie Tervalon and Dr. Jann Murray-Garcia. Participants will have a chance to look at their own culture and see how their culture has shaped their lives. Participants will also be asked to identify and reflect upon their own personal biases, and beliefs, and will have a chance to share their experiences with their work group. The issues of racism, inequality and power imbalances will also be discussed as it will show how it may inhibit a person from being culturally humble. Throughout the training, participants will learn about the H.U.M.B.L.E model and ways they can apply this technique within their workplace and the clients that they serve.</p>	<p align="center">3 hours</p>	<p align="center"><b>PRE-TEST POST-TEST</b></p>	
<p align="center"><b>FACILITATING CHANGE USING MOTIVATIONAL INTERVIEWING</b></p>	<p>This is a foundation training that focuses on the motivational interviewing approach first created by psychologists William R. Miller and Stephen Rollnick. The main principles of this theory will be discussed which is designed to provide participants with strategies and techniques for facilitating interviews and other interactions to support the development of safe, trusting relationships with the families they serve. The stages of change model will be introduced and the ways in which it can help facilitate behavior change. Participants will learn how they can be trauma informed while working with families conducting interviews and providing case management. They will also be able to make these techniques practical through real life case scenarios.</p>	<p align="center">3 hours</p>	<p align="center"><b>Pre-Test Post-Test</b></p>	

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<p style="text-align: center;"><b>FOUNDATIONS FOR PRACTICE</b></p>	<p>Foundations for Practice introduces basic concepts that support your work with individuals, families and communities with a focus on:</p> <ul style="list-style-type: none"> <li>• The Strengthening Families™ approach.</li> <li>• Strategies for establishing relationships and building partnerships with families, organizations and communities.</li> <li>• The importance of boundaries</li> <li>• The Five Protective Factors that, when present, reduce the risk of child abuse and neglect and promote the healthy development of children.</li> <li>• Trauma-informed care</li> <li>• Building community</li> </ul>	<p style="text-align: center;">Self-Paced</p>		<p style="text-align: center;">Pre-Requisite for Home Visitation training.</p>
<p style="text-align: center;"><b>HOME VISITATION</b></p>	<p>This training reviews the scope of home visitors' development of technical skills to better support the unique families receiving home visitation services. Participants will be able to define the role of home visitors and understand how to effectively engage families in services. Through a research activity, participants will better understand and identify research and evidence-based home visitation approaches such as strengths-based, trauma informed, and cultural responsiveness. Participants will identify community resources and develop skills to share these resources based on family needs. Participants will understand how to adapt curriculum to personalize services based on the family's needs. They will explore self-awareness, professional boundaries, and develop skills to remain safe while in the field.</p>	<p style="text-align: center;">3 hours</p>	<p style="text-align: center;"><b>PRE-REQUISITE</b></p> <p style="text-align: center;"><b>PRE-TEST</b></p> <p style="text-align: center;"><b>POST-TEST</b></p>	<p>*Foundations for Practice Self-Paced Course is a pre-requisite for this course. You can access this training via your existing LMS account.</p> <p>After completing this self-paced-course, upload your certificate of completion onto your Home Visitation course, in the first module, no less than 2 days before the training is set to begin.</p> <p>You can find more information about how to access the course and upload your certificate on Weebly.</p>

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<p align="center"><b>IMPACTS OF VIOLENCE ON CHILDREN</b></p>	<p><b>This training comes with a content warning due to subjects related to abuse of children and domestic violence.</b></p> <p>This training introduces the different types of violence that affect children. A brief history and background of the ACEs study will be discussed, and participants will learn why this is important when working with families. Through this training, participants will learn some of the ways children are impacted by the different types of violence that will be reviewed. They will then learn some ways violence against children can be prevented and enhance their knowledge on some community resources for victims or survivors or crime.</p>	<p align="center">3 hours</p>	<p align="center"><b>PRE-TEST</b></p> <p align="center"><b>POST-TEST</b></p>	<p>It is highly recommended participants complete Mandated Reporter Training (MCART) prior to attending this training.</p>
<p align="center"><b>MAKE PARENTING A PLEASURE (MPAP)</b></p>	<p>This training focuses on understanding the Making Parenting a Pleasure (MPAP) curriculum and how to facilitate the workshops at participants sites. The curriculum is universal and aimed to improve parenting skills with a better understanding of child development.</p> <p>The Make Parenting a Pleasure (MPAP) Facilitator Training is a training of the trainer (TOT). Upon completion of this training, participants will be able to facilitate MPAP groups. The training focuses on understanding the MPAP curriculum while developing and practicing facilitation skills. MPAP curriculum is universal and intended to improve parenting skills along with understanding child development parenting. This parenting curriculum is approved by the Sacramento County Court for families involved with Child Protective Services (CPS) who have been mandated to participate in parenting education classes.</p>	<p align="center">6 hours</p>	<p align="center"><b>PRE-TEST</b></p> <p align="center"><b>POST-TEST</b></p>	

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<p align="center"><b>MANDATED CHILD ABUSE REPORTER (MCART) TRAINING</b></p>	<p><b>This training comes with a content warning due to subjects related to sexual abuse, emotional abuse, physical abuse and neglect of children.</b></p> <p>This Mandated Child Abuse Reporter Training (MCART) training ensures mandated reporters are aware of their legal responsibilities to report known or suspected child abuse and neglect in California. During this training, participants will also learn to recognize indicators of the different types of abuse and neglect, and how to make a report using the California Department of Justice Suspected Child Abuse Report (SCAR) form.</p> <p>This training is for participants who work with children and/or families as an AmeriCorps Member in any California agency or a staff member/volunteer at a Sacramento County Community Agency, School, Childcare Center, Hospital, etc.</p>	<p align="center">3 hours</p>		<p align="center">If you are a Birth &amp; Beyond AmeriCorps member, staff member or volunteer at any of the nine Birth &amp; Beyond Centers in Sacramento, please register for a "B&amp;B MCART training."</p>
<p align="center"><b>PARENTS AS TEACHERS (PAT) FOUNDATION TRAINING ORIENTATION</b></p>	<p>Participants who have been registered in a Parents as Teachers Foundational National training will participate the week prior in an orientation facilitated by the CAP Center. During the training, participants order free Foundational Toolkit cards, complete the Pre-Class Survey, access training modules, practice downloading assignments and electronic Toolkit Cards, and practice navigating OLIVER. Following this orientation, participants will have a clear understanding of training expectations and time commitment.</p>		<p align="center"><b>PRE-REQUISITE</b></p>	<p>Participation in the Orientation requires all participants to have their login information into PAT's platform, OLIVER.</p>

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<p><b>PAT FMI DEEPER DIVES INTO THE FIRST 8 FOUNDATIONAL VISITS</b></p>	<p>Following this training, participants will be able to demonstrate their ability to navigate the Parents as Teachers (PAT) Foundational Curriculum and the PAT platform, OLIVER. Participants will have a clear understanding of the focus of each of the first eight visit plans and how intents and the three areas of emphasis support each focus. They will understand how the Sample Service Plan allows them to gather information for PAT records during the first eight visits through natural conversation while gaining the parent perspective. Participants will recognize the difference between personal visit plans and the personal visit planning guide. By practicing these new skills, they will develop a personal visit planning guide tailoring services to meet a family's needs.</p>	<p>7 hours</p>	<p><b>PRE-REQUISITE</b></p> <p><b>PRE-TEST</b></p> <p><b>POST-TEST</b></p>	<p>This training requires the completion of the PAT Foundational and Model Implementation (FMI) training through the PAT National Center.</p> <p>As a pre-requisite, the PAT Foundational certificate must be uploaded onto LMS at least 24 hours before the training begins.</p> <p>Visit Weebly for more information about how to download your certificate via the PAT training portal and upload it onto LMS.</p>
<p><b>PROTECTIVE FACTORS DEEPER DIVES</b></p>	<p>In this training, participants will take a deeper dive into the Protective Factors framework (Parental Resilience, Social Connections, Knowledge of Parenting and Child Development, Concrete Support in Times of Need, and Social and Emotional Competence of Children) and how they strengthen families and reduce the risk of child abuse and neglect. Participants will learn how to implement the Protective Factors in their work with families. The CAP Center trainers who facilitate this training have received certification through the Children's Trust Fund Alliance™ for the portion that covers the Protective Factors framework.</p>	<p>10 hours</p>	<p><b>PRE-REQUISITE</b></p> <p><b>PRE-TEST</b></p> <p><b>POST-TEST</b></p>	<p>*Completion of the online, self-paced course via the Children's Trust Fund Alliance™ is a pre-requisite for this course. You must complete this pre-requisite to successfully attend this training. You can access this training via your existing LMS account.</p> <p>After completing the assignment, you will need to update your certificate of completion for this self-paced course into the Protective Factors Course on LMS at least 24 hours before the training begins.</p> <p>Please visit Weebly for further information about how to access this prerequisite and upload your certificate.</p>

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<p align="center"><b>Protective Factor Survey (PFS) #2 TOOL</b></p>	<p>This training will teach participants about the Protective Factors Survey-2 (PFS-2), developed by the FRIENDS National Center and the University of Kansas Center for Public Partnerships and Research. Upon completion of the training, participants will be able to explain the purpose of the PFS-2, explain how to complete the PFS-2, and revise a family's case plan using results from the survey.</p>	<p align="center">2 hours</p>	<p align="center"><b>PRE-TEST</b>  <b>POST-TEST</b></p>	<p align="center">Recommend completion of Protective Factors Deeper Dives Training before attending.</p>
<p align="center"><b>TRAUMA INFORMED CARE</b></p>	<p>Participants will gain foundational knowledge and skills to serve families in a way that is responsive to and respectful of their trauma. This training is structured around three questions: 1) What is trauma, 2) Why does trauma matter, and 3) What can we do? A collaboration between Sacramento County, HealthNet, and the KROS Learning Group was developed to provide a consistent message on Trauma Informed Care in Sacramento County. The CAP Center trainers who facilitate this training are certified by Sacramento County and the KROS Learning Group to provide this training.</p>	<p align="center">3 hours</p>		