

**Birth Beyond
23 - 24 Training Catalogue**

TRAINING NAME	TRAINING DESCRIPTION	TRAINING LENGTH	LMS REQUIREMENTS	NOTES
ALCOHOL & OTHER DRUGS (AOD)	<p>This training comes with a content warning due to subjects related to substance use and addiction.</p> <p>This Alcohol and Other Drugs (AOD) training is facilitated by community partners from Bridges Professional Treatment Services/STARS. They will be sharing information and tools for working with and supporting community members struggling with substance use.</p>	3 hours	PRE-TEST POST-TEST	
ASQ-3 & ASQ-SE2	<p>This training prepares members to administer both Ages and Stages Questionnaires (ASQ). The ASQ-3 is a tool to screen a child’s developmental progress in communication, gross motor, fine motor, problem solving, and personal-social domains. The ASQ:SE-2 screens a child’s social-emotional development. Upon completion of this training, participants will be able to administer the ASQ-3 and ASQ-SE2, analyze and discuss the results with families, develop appropriate family intervention activities that promote healthy infant development, and make referrals to appropriate healthcare professionals when necessary. The CAP Center trainers have received a certification by Brookes Publishing to provide this training.</p>	7 hours	PRE-TEST POST-TEST	

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<p align="center">BIRTH & BEYOND (B&B) MANDATED CHILD ABUSE REPORTER TRAINING (MCART)</p>	<p>This training comes with a content warning due to subjects related to sexual abuse, emotional abuse, physical abuse, and neglect of children.</p> <p>This MCART has been specifically created for agency staff and AmeriCorps Members working or serving at any of the nine Birth & Beyond sites in Sacramento County. This training was developed to create a learning environment that validates and reflects the diverse identities and experiences of B&B Family Resource Centers. In collaboration with the CAP Center Training Team, representatives from the Culturally Responsive Implementation (CRI) subcommittee revised the training content. Scenarios representing families and the experiences of mandated reporting by B&B staff and AmeriCorps Members have been added to the training.</p> <p>The CAP Center MCART ensures mandated reporters are aware of their legal responsibilities to report known or suspected child abuse and neglect in California. During this training, participants will also learn to recognize indicators of the different types of abuse and neglect and how to make a report using the California Department of Justice Suspected Child Abuse Report (SCAR) form.</p>	<p align="center">3 hours</p>	<p align="center">PRE-TEST POST-TEST</p>	<p>If you do not serve/work at any of the nine B&B Centers, please register for the training titled "MCART."</p> <p align="center">AC Members: 1st 45 days</p>
<p align="center">BASICS CalWORKs</p>	<p><u>This training is specific to Birth & Beyond staff and AmeriCorps Members and their relationship with Sacramento County Department of Human Assistance.</u> In this training, participants will learn about the programs that can be specifically accessed by CalWORKs recipients. This training is facilitated by staff from the Sacramento County Department of Human Assistance.</p>	<p align="center">3 hours</p>		
<p align="center">BASIC FACILITATION SKILLS</p>	<p>In this training, participants will learn about group dynamics and begin developing skills for facilitating a group. Upon completion of this training, participants should be able to describe the Stages of Group Development, identify factors that influence the success of a group, use basic skills for group leaders, and apply techniques for increasing and managing participation.</p>	<p align="center">3 hours</p>	<p align="center">PRE-TEST POST-TEST</p>	<p align="center">RECOMMENDATION: COMPLETION OF THIS TRAINING BEFORE ATTENDING MPAP.</p>

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<p style="text-align: center;">BASICS CHILD PROTECTIVE SERVICES (CPS)</p>	<p><u>This training is specific to Birth & Beyond staff and AmeriCorps Members.</u> This training is co-facilitated by members of the CAP Center Training Team and Birth & Beyond Collaborative staff. Following this training, participants will recognize the history of the Birth & Beyond Collaborative (B&B), understand characteristics of a family resource center, list five family support standards, identify B&B components, and use Weebly. Participants will understand how to provide outreach services to those who have been identified in their community as needing assistance (individuals and families). Participants will have an opportunity to create and practice an elevator speech to use for outreach in the community.</p>	<p style="text-align: center;">90 minutes</p>		
<p style="text-align: center;">BASICS FAMILY RESOURCE CENTER (FRC) OVERVIEW & OUTREACH</p>	<p><u>This training is specific to Birth & Beyond staff and AmeriCorps Members.</u> This training is co-facilitated by members of the CAP Center Training Team and Birth & Beyond Collaborative staff. Following this training, participants will recognize the history of the Birth & Beyond Collaborative (B&B), understand characteristics of a family resource center, list five family support standards, identify B&B components, and use Weebly. Participants will understand how to provide outreach services to those who have been identified in their community as needing assistance (individuals and families). Participants will have an opportunity to create and practice an elevator speech to use for outreach in the community.</p>	<p style="text-align: center;">3 hours</p>		
<p style="text-align: center;">BASICS FAMILY SUPPORT INITIATIVE (FSI)</p>	<p><u>This training is specific to Birth & Beyond staff and AmeriCorps Members.</u> In this training, you will learn how to implement Healthy Family America (HFA) and Parents as Teachers (PAT) services according to model requirements, utilize curriculum as needed, collaborate with Family Engagement Liaisons (FEL), provide program outreach, and refer to the Family Support Initiative (FSI) program resources for further understanding of implementation. This training reviews all home visitation programs, FSI eligibility requirements, how to fill out a DHA Check form, FEL site assignment, and FEL bureau assignment.</p>	<p style="text-align: center;">90 minutes</p>	<p style="text-align: center;">PRE-TEST POST-TEST</p>	

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BOUNDARIES & ETHICS	<p>Following this training, participants will be able to define and explain confidentiality to those they serve and learn the importance of maintaining the privacy of the families' receiving family-centered and strength-based services. Participants will understand the limitations of confidentiality, such as the need to make mandatory reports. Professional boundaries and confidentiality are critical to members who often encounter sensitive issues while working closely with children and families. Participants who are still working remotely will learn some tips on how to maintain professional boundaries and confidentiality. Trauma Exposure Response and self-care will be discussed as many service providers are exposed to these factors while working.</p>	3 hours	PRE-TEST POST-TEST	
CASE MANAGEMENT	<p>This training introduces the process of an integrated, comprehensive approach to case management by reviewing the history, the different lenses of practice, and the application of case management. Upon completion of this training, participants will have an understanding for how to interact with a family, assess and connect with services, create family goals, document meetings, and handle crisis that may occur.</p>	3 hours	PRE-REQUISITE PRE-TEST POST-TEST	<p>*Strengthening Essentials Self-Paced Course is a pre-requisite for this course. You can access this training via your existing LMS account.</p> <p>After completing the self-paced course, upload your certificate of completion onto your Case Management course, in the first module, no less than two days before the training is scheduled to begin.</p> <p>You can find more information about how to access the course and upload your certificate on Weebly.</p>

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<p>CESD-R DEPRESSION SCREENING</p>	<p>This training comes with a content warning due to subjects related to mental health challenges, including suicidality.</p> <p>The Center for Epidemiologic Studies Depression Scale Revised (CESD-R) has been identified to meet model requirements for Healthy Families America (HFA) and Parents as Teachers (PAT) models. During this course, participants will learn how to successfully administer the CESD-R in a trauma informed manner, maintain professional boundaries when screening, and provide accurate information about mental health. Participants will also be able to identify and provide community resources, referrals, and appropriate support to families when administering the CESD-R. During this training, participants practice administering and scoring the scale and discussing results with families.</p>	<p>90 minutes</p>	<p>PRE-TEST</p> <p>POST-TEST</p>	
<p>CHEERS CHECK IN TOOL</p>	<p>The CHEERS Check-in (CCI) tool is a parent-child interaction observation tool used by home visitors serving families using the Health Families America (HFA) model. In this training, participants will learn about the CHEERS domains, how to complete the CHEERS Check-In Tool, and how the results can contribute to case planning and supporting the family. PRE-TEST</p>	<p>3 hours</p>	<p>PRE-TEST</p> <p>POST-TEST</p>	<p>AC Members: 1st 45 days</p>
<p>CHILD DEVELOPMENT</p>	<p>In this training, participants will learn about the developmental stages of children from pregnancy to 17 years old. Upon completion of this training, participants will be able to identify specific developmental milestones, connect positive parenting techniques with each stage of development, identify cultural considerations in child rearing practices, and apply the information when developing services for families. In addition, participants will develop basic skills for advocating for children and understand that advocacy may change based off the stage the child is in.</p>	<p>6 Hours</p>		

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<p align="center">COMMERCIAL SEXUAL EXPLOITATION OF CHILDREN (CSEC)</p>	<p>This training comes with a content warning due to subjects related to sexual abuse of children.</p> <p>After completing this training, participants will be able to define and understand the laws pertaining Child Sexual Abuse and Commercial Sexual Exploitation of Children (SA/CSEC). Participants will be able to identify and differentiate between “red flags” for abuse and typical child behaviors based on their developmental age. Participants will be introduced to child friendly language and communication strategies for discussing SA/CSEC with children and youth. This training includes information about the mandated reporting process and identifies community resources and ways to access them.</p>	<p align="center">3 hours</p>		<p align="center">It is highly recommended that participants complete Mandated Child Abuse Reporter Training (MCART) prior to attending this training.</p>
<p align="center">CONFLICT RESOLUTION</p>	<p>This training comes with a content warning due to subjects related conflict, racism and oppression.</p> <p>This training provides participants many opportunities to assess their conflict resolution skills, explore communication techniques, explore conflict management, and practice effective intervention techniques through engaging activities. The purpose of this training is to better understand factors which influence how people approach conflict and explore their response to conflict. The training is presented in a fun, interactive setting, and offers practical applications to enable participants to better handle conflict in both their professional and personal lives.</p>	<p align="center">3 Hours</p>	<p align="center">PRE-TEST POST-TEST</p>	

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<p style="text-align: center;">CULTURAL HUMILITY IN THE WORKPLACE</p>	<p>This training comes with a content warning due to subjects related to racism, inequality, and power imbalance.</p> <p>This workshop will look at the cultural humility model first proposed by Dr. Melanie Tervalon and Dr. Jann Murray-Garcia. Participants will have a chance to look at their own culture and see how their culture has shaped their lives. Participants will also be asked to identify and reflect upon their own personal biases, and beliefs, and will have a chance to share their experiences with their work group. The issues of racism, inequality and power imbalances will also be discussed as it will show how it may inhibit a person from being culturally humble. Throughout the training, participants will learn about the H.U.M.B.L.E model and ways they can apply this technique within their workplace and the clients that they serve.</p>	<p style="text-align: center;">3 hours</p>	<p style="text-align: center;">PRE-TEST</p> <p style="text-align: center;">POST-TEST</p>	
<p style="text-align: center;">EFFECTIVE BLACK PARENTING PROGRAM (EBPP) TRAINING</p>	<p>The Effective Black Parenting Program is a Train the Trainer (TOT) workshop, and upon completion, participants will be able to facilitate the program with families. EBPP is a parenting skill-building program created specifically for parents of African American children. It was originally designed as a 15-session program to be used with small groups of parents. This program focuses on alternative methods of parenting that highlights the unique history and experiences of African American/Black families in the United States. The program explores important topics such as how the impacts of slavery, racism, mental health, and sexual abuse affects the parenting of Black children.</p>	<p style="text-align: center;">18 hours</p>		

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<p>FACILITATING CHANGE USING MOTIVATIONAL INTERVIEWING</p>	<p>This is a foundation training that focuses on the motivational interviewing approach first created by psychologists William R. Miller and Stephen Rollnick. The main principles of this theory will be discussed which is designed to provide participants with strategies and techniques for facilitating interviews and other interactions to support the development of safe, trusting relationships with the families they serve. The stages of change model will be introduced and the ways in which it can help facilitate behavior change. Participants will learn how they can be trauma informed while working with families conducting interviews and providing case management. They will also be able to make these techniques practical through real life case scenarios.</p>	<p>3 hours</p>	<p>PRE-TEST POST-TEST</p>	
<p>FOUNDATIONS FOR PRACTICE</p>	<p>Foundations for Practice introduces basic concepts that support your work with individuals, families and communities with a focus on:</p> <ul style="list-style-type: none"> • The Strengthening Families™ approach. • Strategies for establishing relationships and building partnerships with families, organizations and communities. • The importance of boundaries • The Five Protective Factors that, when present, reduce the risk of child abuse and neglect and promote the healthy development of children. • Trauma-informed care • Building community 	<p>Self-Paced</p>		<p>Pre-Requisite for Home Visitation training.</p>

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HOME VISITATION	<p>This training reviews the scope of home visitors' development of technical skills to better support the unique families receiving home visitation services. Participants will be able to define the role of home visitors and understand how to effectively engage families in services. Through a research activity, participants will better understand and identify research and evidence-based home visitation approaches such as strengths-based, trauma informed, and cultural responsiveness. Participants will identify community resources and develop skills to share these resources based on family needs. Participants will understand how to adapt curriculum to personalize services based on the family's needs. They will explore self-awareness, professional boundaries, and develop skills to remain safe while in the field.</p>	3 hours	PRE-REQUISITE PRE-TEST POST-TEST	<p>Self-paced course "Foundations for Practice" is a Pre-Requisite for Home Visitation training.</p> <p>Please complete the self-paced course, Foundations for Practice" via LMS.</p> <p>After completing the assignment, you will need to upload the certificate for this self-paced course to LMS no later than 2 days before the training begins. You can find instructions for uploading your document onto Weebly</p>
IMPACTS OF VIOLENCE ON CHILDREN	<p>This training comes with a content warning due to subjects related to abuse of children and domestic violence.</p> <p>This training introduces the different types of violence that affect children. A brief history and background of the ACEs study will be discussed, and participants will learn why this is important when working with families. Through this training, participants will learn some of the ways children are impacted by the different types of violence that will be reviewed. They will then learn some ways violence against children can be prevented and enhance their knowledge on some community resources for victims or survivors or crime.</p>	3 hours	PRE-TEST POST-TEST	<p>It is highly recommended participants complete Mandated Reporter Training (MCART) prior to attending this training.</p>

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<p style="text-align: center;">MAKE PARENTING A PLEASURE (MPAP)</p>	<p>This training focuses on understanding the Making Parenting a Pleasure (MPAP) curriculum and how to facilitate the workshops at participants sites. The curriculum is universal and aimed to improve parenting skills with a better understanding of child development.</p> <p>The Make Parenting a Pleasure (MPAP) Facilitator Training is a training of the trainer (TOT). Upon completion of this training, participants will be able to facilitate MPAP groups. The training focuses on understanding the MPAP curriculum while developing and practicing facilitation skills. MPAP curriculum is universal and intended to improve parenting skills along with understanding child development parenting. This parenting curriculum is approved by the Sacramento County Court for families involved with Child Protective Services (CPS) who have been mandated to participate in parenting education classes.</p>	<p style="text-align: center;">6 hours</p>	<p style="text-align: center;">PRE-TEST POST-TEST</p>	<p style="text-align: center; color: blue;">AC Members: 1st 30 days</p>
<p style="text-align: center;">NURTURING PARENTING PROGRAM (NPP) 6+</p>	<p>The Nurturing Parenting Program is a family-centered trauma-informed initiative designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and childrearing practices. This training focuses on the 6+ program which includes families with children over the age of 6. This training engages the participants in the Nurturing Parenting philosophy and school aged-children curriculum comprehensive coverage of the group and home-based programs. Participants will be able to: explain the impacts of negative and positive nurturing; how to administer the Adult and Adolescent Parenting Inventory (AAPI-2); and define the 5 Constructs: Child Development, Empathy, Discipline, Family Roles, and Empowerment. This curriculum is designed to help individuals become familiar with and be prepared to facilitate NPP with families with school-aged children.</p>	<p style="text-align: center;">7 hours</p>	<p style="text-align: center;">PRE-REQUISITE PRE-TEST POST-TEST</p>	<p style="text-align: center;">*Pre-Requisite Assignment: In the NPP Manual "19th Edition SJB Workbook" (included in the participant materials):</p> <ol style="list-style-type: none"> 1. Read chapter 15 "Description of the Five Parenting Constructs" (6 pages) which provides a basic understanding of the 5 nurturing parenting constructs. 2. After completing the reading, complete the "Guided Notes" document (included in the participant materials). 3. After completing the assignment, you will need to upload the completed assignment to LMS no later than 2 days before the training begins.. You can find instructions for uploading your document onto Weebly <p>This assignment will be reviewed in more depth during the live, instructor led portion of the training.</p>

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<p align="center">MANDATED CHILD ABUSE REPORTER (MCART) TRAINING</p>	<p>This training comes with a content warning due to subjects related to sexual abuse, emotional abuse, physical abuse and neglect of children.</p> <p>This Mandated Child Abuse Reporter Training (MCART) training ensures mandated reporters are aware of their legal responsibilities to report known or suspected child abuse and neglect in California. During this training, participants will also learn to recognize indicators of the different types of abuse and neglect, and how to make a report using the California Department of Justice Suspected Child Abuse Report (SCAR) form.</p> <p>This training is for participants who work with children and/or families as an AmeriCorps Member in any California agency or a staff member/volunteer at a Sacramento County Community Agency, School, Childcare Center, Hospital, etc.</p>	<p align="center">3 hours</p>		<p align="center">If you are a Birth & Beyond AmeriCorps member, staff member or volunteer at any of the nine Birth & Beyond Centers in Sacramento, please register for a "B&B MCART training."</p>
<p align="center">MENTAL HEALTH FIRST AID (MHFA)</p>	<p>This training comes with a content warning due to subjects related to mental health challenges and suicide.</p> <p>Mental Health First Aid teaches participants how to identify, understand, and respond to signs of mental health and substance use challenges among adults. This training covers common signs and symptoms of mental health and substance use challenges, how to support someone in crisis, how to connect a person with help, and the importance of self-care. Upon completion of the training, participants will receive a certificate that is valid for three-years.</p>	<p align="center">3 sessions (9 hours)</p>		

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<p style="text-align: center;">PARENTS AS TEACHERS (PAT) FOUNDATION TRAINING ORIENTATION</p>	<p>Participants who have been registered in a Parents as Teachers Foundational National training will participate the week prior in an orientation facilitated by the CAP Center. During the training, participants order free Foundational Toolkit cards, complete the Pre-Class Survey, access training modules, practice downloading assignments and electronic Toolkit Cards, and practice navigating OLIVER. Following this orientation, participants will have a clear understanding of training expectations and time commitment.</p>		<p style="text-align: center;">PRE-REQUISITE</p>	<p>Participation in the Orientation requires all participants to have their login information into PAT's platform, OLIVER.</p>
<p style="text-align: center;">PAT FMI DEEPER DIVES INTO THE FIRST 8 FOUNDATIONAL VISITS</p>	<p>Following this training, participants will be able to demonstrate their ability to navigate the Parents as Teachers (PAT) Foundational Curriculum and the PAT platform, OLIVER. Participants will have a clear understanding of the focus of each of the first eight visit plans and how intents and the three areas of emphasis support each focus. They will understand how the Sample Service Plan allows them to gather information for PAT records during the first eight visits through natural conversation while gaining the parent perspective. Participants will recognize the difference between personal visit plans and the personal visit planning guide. By practicing these new skills, they will develop a personal visit planning guide tailoring services to meet a family's needs.</p>	<p style="text-align: center;">7 hours</p>	<p style="text-align: center;">PRE-REQUISITE</p> <p style="text-align: center;">PRE-TEST</p> <p style="text-align: center;">POST-TEST</p>	<p>This training requires the completion of the PAT Foundational and Model Implementation (FMI) training through the PAT National Center.</p> <p>As a pre-requisite, the PAT Foundational certificate must be uploaded onto LMS at least 24 hours before the training begins.</p> <p>Visit Weebly for more information about how to download your certificate via the PAT training portal and upload it onto LMS.</p>

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<p align="center">PAT F2 DEEPER DIVE INTO VISIT PLANNING</p>	<p>This training focuses on the Foundational 2 curriculum for children age 3 through Kindergarten. Participants will be able to successfully navigate the PAT Platform, OLIVER and the F2 Curriculum. They will understand how the Sample Service Plan allows them to gather information for PAT records during the first eight visits through natural conversation while gaining the parent perspective. Participants will recognize the difference between personal visit plans and the personal visit planning guide. Through activities, participants will examine, and practice using the Step-Up Plans and will understand how to personalize these plans to support families who have children entering Kindergarten. Participants will understand how the personal visit record supports documentation and the importance of using the play-by-play technique to document parent-child interaction.</p>	<p align="center">7 hours</p>	<p align="center">PRE-REQUISITE</p> <p align="center">PRE-TEST</p> <p align="center">POST-TEST</p>	<p>*As a prerequisite, the PAT F2 certificate must be uploaded onto LMS at least 24 hours before the training begins.</p> <p>Visit Weebly for more information about how to download your certificate via the PAT training portal and upload it onto LMS.</p>
<p align="center">PROTECTIVE FACTORS DEEPER DIVES</p>	<p>In this training, participants will take a deeper dive into the Protective Factors framework (Parental Resilience, Social Connections, Knowledge of Parenting and Child Development, Concrete Support in Times of Need, and Social and Emotional Competence of Children) and how they strengthen families and reduce the risk of child abuse and neglect. Participants will learn how to implement the Protective Factors in their work with families. The CAP Center trainers who facilitate this training have received certification through the Children’s Trust Fund Alliance™ for the portion that covers the Protective Factors framework.</p>	<p align="center">10 hours</p>	<p align="center">PRE-REQUISITE</p> <p align="center">PRE-TEST</p> <p align="center">POST-TEST</p>	<p>*Completion of the online, self-paced course via the Children’s Trust Fund Alliance™ is a pre-requisite for this course. You must complete this pre-requisite to successfully attend this training. You can access this training via your existing LMS account.</p> <p>After completing the assignment, you will need to update your certificate of completion for this self-paced course into the Protective Factors Course on LMS at least 24 hours before the training begins.</p> <p>Please visit Weebly for further information about how to access this prerequisite and upload your certificate.</p>

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<p style="text-align: center;">Protective Factor Survey (PFS) #2 TOOL</p>	<p>This training will teach participants about the Protective Factors Survey-2 (PFS-2), developed by the FRIENDS National Center and the University of Kansas Center for Public Partnerships and Research. Upon completion of the training, participants will be able to explain the purpose of the PFS-2, explain how to complete the PFS-2, and revise a family's case plan using results from the survey.</p>	<p style="text-align: center;">2 hours</p>	<p style="text-align: center;">PRE-TEST POST-TEST</p>	<p style="text-align: center;">Recommend completion of Protective Factors Deeper Dives Training before attending.</p>
<p style="text-align: center;">SAFE SLEEP BABY/SHAKEN BABY SYNDROME (SSB/SBS) TOT TRAINING</p>	<p>This training is a dual training course. The first portion of the training is a Safe Sleep Baby Training of Trainings (TOT). After completing this training, participants will be able to return to their site and provide Safe Sleep Baby Training to the families they serve. The second portion covers Shaken Baby Syndrome.</p>	<p style="text-align: center;">3 hours</p>		
<p style="text-align: center;">SERVING FAMILIES WITH DIFFERING ABILITIES</p>	<p>In this training, participants will learn about different developmental, physical, and mental health conditions that may affect the families they serve. Upon completion of this training, participants should be able to identify and locate specific resources to better help families including access to specific services, screening tools, and developmental milestones. In addition, participants will develop basic skills for identifying, responding, and adapting to the specific needs of the families they serve.</p>	<p style="text-align: center;">3 hours</p>	<p style="text-align: center;">PRE-TEST POST-TEST</p>	
<p style="text-align: center;">STRENGTHENING ESSENTIALS (SELF-PACED COURSE)</p>	<p>Working with families in the Family Strengthening model assumes developing a full partnership with every family. In this course we will explore the role of a case manager with a focus on:</p> <ul style="list-style-type: none"> • Encouraging change with Open-ended questions, reflections, affirmations, and summaries (OARS) • Defining boundaries • The role of a mandated reporter • Documenting case notes • Self-Care 	<p style="text-align: center;">Self-paced</p>		<p style="text-align: center;">Pre-requisite for Case Management. You can find more information about how to access the course and upload your certificate on Weebly.</p>

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<p style="text-align: center;">TRAUMA EXPOSURE RESPONSE & SELF-CARE</p>	<p>This training is based on the book Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others by Laura van Dernoot Lipsky with Connie Burk (2009). In this training, participants will learn about the 16 warning signs of trauma exposure response, reflect on how their exposure to and experience of trauma influences the way they serve families, and identify important components of an effective self-care practice. This training is centered around self-reflection, so participants should come to the training prepared for introspection.</p>	<p style="text-align: center;">3 hours</p>	<p style="text-align: center;">PRE-TEST POST-TEST</p>	
<p style="text-align: center;">TRAUMA INFORMED CARE</p>	<p>Participants will gain foundational knowledge and skills to serve families in a way that is responsive to and respectful of their trauma. This training is structured around three questions: 1) What is trauma, 2) Why does trauma matter, and 3) What can we do? A collaboration between Sacramento County, HealthNet, and the KROS Learning Group was developed to provide a consistent message on Trauma Informed Care in Sacramento County. The CAP Center trainers who facilitate this training are certified by Sacramento County and the KROS Learning Group to provide this training.</p>	<p style="text-align: center;">3 hours</p>		<p style="text-align: center;">AC Members: 1st 30 days</p>