

Shaken Baby Syndrome Prevention Participant Manual

Definitions of Shaken Baby Syndrome (SBS)

Clinical Definition: Shaken Baby Syndrome, or SBS is a form of _____ head _____ (AHT) that causes bleeding over the _____ of the brain, swelling of the _____, bleeding at the back of the eyes, and other _____ not see together in any other disease or medical condition.

Layperson's Definition: Child _____ involving the shaking of a baby.

Why is a baby so vulnerable to SBS?

1. _____
2. _____
3. _____
4. _____
5. _____

Long Term Effects from Shaking:

- Learning and _____ disorders.
- Behavioral disorders.
- _____ on one or both sides.
- Trauma induced _____ disorders.
- Loss of _____ control.
- DEATH

Sacramento County Statistics:

- In 2009, ____ Sacramento babies were hospitalized for SBS or abusive head injuries. (~10 % of California cases)
 - 1 one year old & 1 two year old were treated and released or transferred to a different hospital

Sacramento County Statistics continued:

- In 2010, _____ Sacramento babies were hospitalized for SBS or abusive head injuries. (~9 % of California cases)
- On average, 1-2 cases per year of SBS fatalities are not counted in hospital data because the infant died at the scene.

Sacramento County's Shaken Baby Syndrome Prevention Program includes:

A _____-Based approach & universal in application involving:

- 8 Sacramento County _____s
- Before being discharged parents are:
 1. Shown the video/DVD called: "_____ of _____"
 2. Hospital educator or nurse reviews the key components of SVS and gives the parent a _____.
 3. Parents then sign a "_____ " never to shake their baby and to pass this mandate on to all other adults that will care for their baby.

Let's review the key message from the video. The #1 trigger for Shaken Baby Syndrome is:

_____!

Write one reason why a baby cries on each finger of this handprint:



Other reasons from the group:

- ♥ In your groups, talk about ways in which you would talk to parents if they were becoming frustrated about their baby crying so much.

Write down the steps you would take to address the situation with the parent:

Idea Keeper

Capture ideas and put them into action! Don't let a good idea get away. Research shows that if you use an idea within 24 hours of hearing it, you are more likely to integrate it permanently. So, when you hear something in this training that you'd like to use, write in down on this page immediately. Take this form back to your work site and share in with your coworkers and supervisor. Put your ideas into ACTION!

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

Other Notes:
